

Elilai Spa by Mandara at Palau Pacific Resort

Packaged by Mandara

Milky Way Escape 2 hrs 30 mins \$297

Escape to the Milky Way in the privacy of your own Spa Villa. This luxurious package will leave you completely relaxed and with incredibly soft and smooth skin.

Peppermint Foot Ritual ~ Coco Vanilla Body Scrub ~ Detoxifying White Body Mud ~ Milky Way Bath Soak ~ Warm Stone Massage.

Ultimate Indulgence 2 hrs 30 mins \$286

An exotic, luxurious and unforgettable celebration of indulgence. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Floral Bath ~ Mandara Massage ~ Foot Massage ~ Refresher Facial.

Frangipani Body Glow 2 hrs \$210

Uplifting and re-energising, this full body exfoliation and nourish ritual featuring ELEMIS Skincare is designed to transform and restore, completed with a facial and massage, promises to impart a true sense of joy and lightness. Warm Oil Drizzle - Lime and Ginger Exfoliation ~ Frangipani Monoi Body Cocoon ~ Mini Facial ~ Balinese Massage.

Harmony 2 hrs \$187

A delightful package that will leave you looking refreshed and radiant. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Floral Bath ~ Balinese Massage or Pure Nature Facial.

Nirvana Massage 1 hr 15 mins \$165

with Mandara Massage \$165
with Balinese Massage \$106

Begin with a Floral Footbath, a symbolic cleanse to wash away the world and prepare you for total relaxation. Sink into a luxurious Aromatherapy Floral Bath and enjoy herbal tea and cookies as you take time out to relax. Finally, enjoy a blissfully relaxing and rejuvenating massage of your choice.

Spa Discovery 1 hr 20 mins \$150

Age-old tradition combines with the finest European skincare for a deliciously relaxing experience.

Balinese Massage ~ ELEMIS Taster Facial.

Spa Sampler 1 hr 20 mins \$132

Experience the pleasure of relaxation with this combination of Balinese Massage and your choice of Refresher Facial or Foot Massage.

Face of Mandara

Pure Nature Facial 50 mins \$ 75

Mandara Spa's signature facial is rich in enzymes that can peel away dead skin, antioxidant vitamins to protect and treat the cells from environmental (and self-induced!) pollutants and natural oils for deep nourishment. There are two options for different skin types, relying on nature's life-force to restore the equilibrium and deliver a vitamin and mineral burst to your skin.

Preserve ~ a cleansing and rejuvenating facial for normal skin.

Enrich ~ a nourishing facial for dry or mature skin.

ELEMIS Face

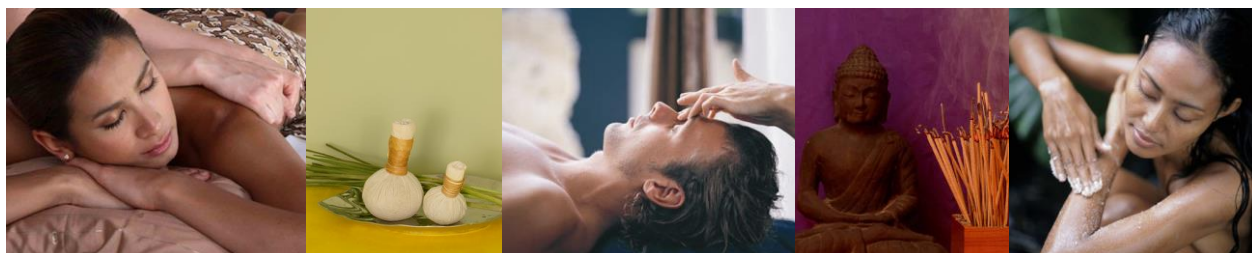
ELEMIS Pro-Collagen Age Defy 1 hr \$140

Tackle fine lines and wrinkles with the clinically proven* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

ELEMIS Superfood Pro-Radiance 1 hr \$120

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven* to leave skin plumper, radiant and lit up with good health.

**Independent clinical trials*



Please arrive 15 minutes before your Spa treatment is scheduled to begin.

All prices are quoted in US Dollars (USD) and inclusive of 10% Palau Goods and Services Tax.

Prices are subject to change without prior notice. For reservations, please call +680 488 2600 extn 493.

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By Mandara

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ELEMIS Body

ELEMIS Body Nectar Nourishing Wrap - Frangipani

45 mins \$84

The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

ELEMIS Intensely Cleansing Salt Scrub - Lime and Ginger

45 mins \$84

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

Body of Mandara

Mandara Massage 1 hr 20 mins \$249
50 mins \$154

Not to be missed, never to be forgotten. Our signature massage, performed by two therapists working together, is a unique blend of five different massage styles – Shiatsu, Thai, Hawaiian Lomi Lomi, Swedish and Balinese. The synchronisation of the two therapists makes this massage a sublime experience.

Tension Relief Massage 1 hr 20 mins \$150

Slow, deep massage strokes deliver pressure to the inner layers of muscles and connective tissue to ease tightly-held tension. It relieves chronic pain by speeding up the blood circulation and thus delivers fresh oxygen and nutrients to the muscles to help them repair and improve their condition.

Balinese Massage 1 hr 20 mins \$143
50 mins \$95

Used for centuries to renew, strengthen and heal both body and mind, this traditional therapy combines stretching, long strokes, skin rolling and palm and thumb pressure techniques to relieve tension, improve blood flow, ease stress and calm the mind. It can also help to improve the circulatory, lymphatic, muscular and nervous systems.

Warm Stone Massage 50 mins \$110

Smooth, warmed rocks glide across your body in long, flowing strokes. The heat helps to relax the muscles and has a soothing effect on your emotions. Simultaneously, rocks are placed on the body's various energy points to encourage the body's healing potential.

Asian Head Massage 50 mins \$106

This shoulder, neck, upper back, arm and scalp massage is based on the ancient healing system of Ayurveda. A Thai poultice filled with exotic leaves, flowers and lime essential oil is dipped in warm coconut oil and used on the scalp, for scalp and hair care as well as complete relaxation. Deep thumb and finger pressure, friction and soothing strokes help to reduce tension, improve circulation and flush out physical and emotional toxins.

Fancy Foot-work 50 mins \$95

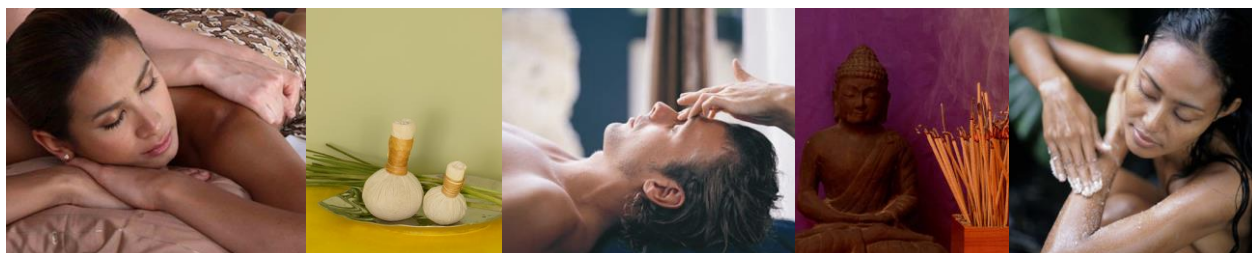
The most blissful ride your feet will ever take you on. It's like reflexology without the 'ouch'. Based on the same therapeutic principles of its ancient ancestor, this foot massage will help to release toxins and restore your body's energy flow. And it feels like bliss at its celestial best.

Gift Certificate

Gift certificate purchase is available for all spa treatments or at a value amount. Please contact our Spa Reception for further details.

Homecare & Gifts

Luxury skin and body care products along with beautiful gifts are available at our Spa Boutique.



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